

To Whom It May Concern,

I am the daughter of a wealthy, happy, healthy southern California family. I've studied Hatha Yoga, worked in various jobs such as waitressing, secretarial work and telephone operating.

My work at this time is varied between cleaning, co-ordination of cleaning projects, making orders, and delivering cleaning supplies. I have found myself, through Bhagwan's presence, in the midst of a very expansive cleaning operation. Sometimes I am co-ordinator of many people and at other times I work 'under' another person, but the difference is only in job activities - in either case my love for the work, and my enthusiasm to be a participant in it is the same.

In view of obstacles in my work, Bhagwan's presence teaches me to always take it step-by-step with a light heart. His presence is always

supportive of positivity. I have learned to work together with people with intensity and a certain un-frustratable spirit. I have begun to feel that the work is a play - and when you are having a good time doing something, who worries about the outcome? If it will succeed or fail is not the point, but the delight of people pulling together, giving what they've got, is exhilarating.

His presence reminds me not to be competitive, but to be complimentary with other people. This is a gift He has given me which I rejoice in every day.

Bhagwan's presence has opened my eyes to the rest of the world, and the love that I feel is now becoming the element in which I live. The enthusiasm I feel from His presence in my life has become a source of energy for my work. I live now for love, for joy, for creativity, and for Him.

Sincerely,

Shila J. Alex