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To whom it may concern.

My first contact with Bhagwan Shree Rajneesh happened during my training as a physical-therapist. Working with different kinds of physical diseases in the University of Gottingen, W. Germany from 1977 - 1981, and outside the University in clinics and hospitals for the last two years, I came to know much about the human body and its reactions to stress, body abuses, etc.

What was missing in my education at the University was a general concept to approach the human being as a body, mind, soul. This led me to various theories and practices about healing body diseases. I realized soon that all the practices devised by Bhagwan Shree Rajneesh were very much concerned with the human body and its interference with the human mind.

Bhagwan's books made it clear to me that this great religious teacher is also an outstanding psychologist, a man of immense knowledge. I made use more and more of his teachings, and I gained a new understanding of the relation between mind and body combining all my training and skill gathered at the University.

I was very happy about the results, seeing that the healing process was much easier and more effective, and my clients feeling more happy too. And for this I'm very grateful to Bhagwan because to me he seems to be a man with an extraordinary understanding of human nature and he could be definitely a great help and benefit for health of body and mind.

Birgit Kube

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