Anna Catharina

me,

by

To whom it may concern:

In 1979 I finished my highschool and started to study psychology at the Vrije Universiteit in Amsterdam.

After three years I specialised in clinical psychology for another four years.

My extracurricular subjects were psychopathology and family therapy For my research, I explored the newly discovered possible connection between heartbeat patterns and personality characteristics.

I also worked at the crisiscentre at the Wilhelmina Gasthuis hospital in Amsterdam where they help people in acute crisis.

My whole life I have done extensive reading and studying into all kinds of religions, philosophies and psychotherapies. Bhagwan Shree Rajneesh was for me the first who gave an all-encompassing view of a human being in all his aspects i.e. sociological, psychological and religious and this view is not just theoretical: his very being reflects it.

In November 1979 I took sannyas, became a disciple of Bhagwan Shree Rajneesh in Poona, India, and took part in a number of psychotherapeutic growth groups.

These therapeutic groups available in Poona and now in Rajneesh Puram, U.S.A., conducted by outstanding psychologists under Bhagwan's spiritual guidance, have a total approach to therapy, which helps many people who are stuck in a situation painful to the

Bhagwan Shree Rajneesh is unique in his combination of technologic: and spiritual thinking, which treats man as a whole denying neither the material nor the spiritual.

This approach is very helpful in the field of psychotherapy and has helped me tremendously in dealing with people with psychological problems.

Through his outstanding qualities Bhagwan Shree Rajneesh has influenced many people.



sincerely yours,

M.A. Smallenburg, Tsy. Dr

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