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I am a Swiss medical doctor, trained for 7 years, from 1961 to 1968, at the University of Geneva.

Upon qualifying as a doctor, I became a medical delegate for the International Committee of the Red Cross/Geneva and was in 5 war missions (Yemen twice, Biafra, Cambodia and Vietnam) from 1968 to 1973.

From 1973, I did four years of residency in Pediatrics and Psychiatry, my main interest being Psychosomatic medicine. Thereafter I trained all over the world and practiced in several therapeutic approaches related to my field (hypnosis, bio-energetics and emotional release, bodywork and stress reduction, traditional oriental healing arts and meditation techniques).

By far the most efficient methods in my subsequent work in the University Psychiatric Clinic of Bel-Air, Geneva, as well as in my private practice, have been and currently are the meditation techniques devised by the spiritual master and religious teacher Bhagwan Shree Rajneesh. These powerful healing methods masterfully combine the latest techniques of Western psychotherapy and growth movements with the methods and meditations of the Oriental tradition. The long-lasting, in-depth effect of self discovery through these meditations benefits not only the patients but also the medical and nursing staff. And the infinite richness of the process of personal spiritual growth made available to the whole world by Bhagwan Shree Rajneesh is without comparison.

I consider Bhagwan Shree Rajneesh the greatest living spiritual master, as well as a religious teacher of international renown and exceptional ability.



Dr. Francesco R. Borella