# The International Institute of Chinese Medicine 2635 Regent Street Berkeley, California W.S.A. 94704 (415) 548-8022

July 22, 1983

To Whom It May Concern:

I am Founder and President of the International Institute of Chinese Medicine. This Institute is a graduate school for acupuncturists, granting the degree Doctorate of Philosophy in Chinese Traditional Medicine.

I am also a private practioner of both Eastern and Western medicines in Berkeley, California. Following my medical school internship and residency training in Psychiatry, I have studied and practiced acupuncture and Chinese medicine. I have also spent several years studying nutritional biochemistry. In my practice I integrate western medicine, chinese herbal medicine, acupuncture, nutritional therapy, and psychiatric treatment, when necessary.

In addition to my ten years' experience in Chinese Traditional medicine, I have served as Acupuncture Examining Commissioner for the State of California, as consultant to the Florida Acupuncture Examining Committee, and as Faculty Member at the American College of Traditional Chinese Medicine in San Francisco. I have also served on the faculty at the University of California, Berkeley, and have taught several courses in Chinese Traditional medicine to physicians and medical students.

The Chinese philosophy called "Taoism", little known in America, is at the root of my balanced East-West approach to healing.

I was introduced to the works of Bhagwan Shree Rajneesh a few years ago by some of my patients. I was immediately impressed by his understanding of both Eastern and Western healing methods. From his writings and from conversations with his followers it became apparent that he is familiar with non-traditional Western methods such as vizualization, meditation, homeopathy, massage, and with various Oriental methods including acupuncture, acupressure, and Chinese medicine. Nonetheless, Rajneesh retains a solid respect for Western traditional medicine, recommending it for most serious physical conditions. I observe how fully his followers are taught to integrate meditation into all aspects of their daily lives, contributing greatly to physical and mental health.

My own integration of East-West healing modalities has been enriched by reading books by Rajneesh which weave together an excellent synthesis of Eastern and Western thought. It is his works on Taoist masters (Chuang Tzu, Lao Tzu, and Lieh Tzu) which have contributed most directly to my Taoist-like synthesis of

Eastern and Western medicine, adding basic philosophy to my practical training.

The scope of Bhagwan's writings demonstrates how fully he has integrated Eastern and Western thought. His nine volumes on Taoism, nine volumes on Buddhism, seven volumes on the Upanishads of India, and at least twenty volumes on Zen display his astounding command of Eastern thought. Throughout these works he integrates concepts from Jesus, and from a host of modern Western writers including Freud, Jung, Walt Whitman, Sartre, Alan Watts, Fritz Pearls and countless others. A more obvious display of Bhagwan's mastery of Western religion, philosophy, and psychology is demonstrated in his seven volumes on Jesus, two volumes on Jewish Hassidism, and individual volumes on Heraclitus, Phythagoras, and several other Western philosophers.

It is my pleasure to acknowledge Bhagwan Shree Rajneesh as world-famous and exceptional as a scholar, teacher, and religious leader, effectively mastering and communication a harmonic synthesis of Eastern and Western philosophy, psychology, and health science. Particularly in his understanding and exposition of the Chinese philosophy of Taoism and its application to modern living and health, he is indeed exceptional.

Sincerely,

Timothy J. Smith, A.D.

TIMOTHY J. SMITH, M. D.
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BERKELEY, CALIFORNIA 94704
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### CURRICULUM VITAE

Undergraduate	Education
9/59-6/61	University of Wisconsin, Madison, Wisconsin Chemistry and Math
1963	Northwestern University, Evanston, Illinois Chemistry
1964	Sociology
1963-1/66	University of Illinois, Urbana, Illinois Psychology and English
1/66	Bachelor of Science in Honors Psychology Program, University of Illinois
1/66-6/66	University of Illinois Graduate Student in Psychological
Medical Educat	<u>ion</u>
1966-70	University of Cincinnait, College of Medicine, Cincinnati, Ohio
* *	School: 1967-summer: University of Chicago, research in sociology of health care delivery systems. 1968-summer: University of Cincinnait, Dept. of Environmental Health; organized, wrote grant appli cation for and served as Administrator of Student Health Project. 1969-summer; California State Dept. of Public Heal Epidemiology Research Project, studied patterns of health care delivery in rural northern California. Chairman, Cincinnati chapter of Student Health Organization. Doctorate in Medicine from University of Cincinnat College of Medicine.
Post Graduate S	Studies
1970-71	Internship: Presbyterian Hospital, University of Pacific Medical Center, San Francisco, California
1971	Medical Director, Northeast Community Mental Healt Center Drug Treatment Program San Francisco, Calif
1971 1971-74	Consultant, Haight Ashbury Medical Clinic Psychiatric residency, University of California Medical Center at San Francisco General Hospital - Community Mental Health Training Program; special emphasis on biochemistry of mental illness, psyche pharmacology, and orthomolecular psychiatry.
1972-74	Resident Staff Psychiatrist, San Francisco General Hospital, Psychiatric Emergency Service

1973 Organized and served as Medical rector of Acupuncture Detoxification Clinic, center for Special Problems, San Francisco Sept. of Health the first public health acupuncture clinic in

the United States.

1974 Staff Consultant, San Francisco Center for Spe-

cial Problems

Private practice of Acupuncture, Berkeley, Calif. 1973-present

### Research

1974 Performed pioneering United States research on the use of acupuncture for the treatment of opi-

ate addiction: paper entitled "Acupuncture in the Treatment of the Opiate Withdrawl Syndrome" presented at the World Acupuncture Congress, Phila-

delphia, Pa., 1974.

1975-77 Engaged in research on auriculo therapy, a sub-

specialty of Chinese traditional medicine.

# Training in Acupuncture and Chinese Traditional Medicine

Individual Training and Supervision:

1972 Dr. Yuan Bain Hong, Director of Chinese Medicine,

San Mateo, California

Harold N. Bailen, M.D., Internist at Mt. Zion 1972-74

Hospital, San Francisco, California

1972-75 Miriam Lee, C.A., Palo Alto, Calif., Traditional

Chinese Acupuncturist

1974-77 Masaru Toguchi, C.A., Acupuncturist and Oriental

Herbalist

1975-77 Bea Chi Pien, Master Acupuncturist, San Francisco,

California

1977-79 Lam Kong, A.A., Acupuncturist and Oriental Herbalis

Oakland, California

### Other Teachers:

Yoshio Manaka, M.D., Tokyo, Japan Nguen Van Nghi, Paris, France Guido Fisch, M.D., Berne, Switzerland

Man Lee, M.D., C.A., Chicago, Illinois

Murray Korngold, C.Á., PhD., San Francisco, Ca.

Jean Claude Darra, M.D., Paris, France

Master So, C.A., Newton, Mass. Robert Benever, Lic. Acupuncturist, Boston, Mass.

### Acupuncture Experience

1973-74

San Francisco Department of Public Health: Organized and served as medical director of Acupuncture Detoxification Clinic at Center for Special Problems (probably the first acupuncture clinic in the country supported by public funds).

Private practice 1973 to 1982, 60 patients per week.

	Instructor of classes in Chinese Traditional Medi- cine at the University of California for medical
	students and also at San Francisco State University.
1975-76	Guest Lecturer, University of California School of Medicine, Division of Ambulatory and Community
1070 70	Medicine.
1978-79	Faculty Reviewer, University of California, Berkeley Health and Medical Sciences Program.
1979	Guest Lecturer, University of California, San Francisco, Medical Antrhopology Program.
1978-79	Guest Lecturer, San Francisco State University
1978-79	Course in Chinese Medical Theory. Conducted Independent Study Graduate Seminar in
	Chinese Medicine.
1978-79	Taught Course in Acupuncutre and Chinese Medicine for Medical Students at University of California,
1070	Berkeley.
1979	Under the auspices of the American Acupuncture Association, I taught certified continuing educa-
	tion courses for certified California acupuncturists
1979	Travel to China for studies in Chinese Traditional
	Medicine in several cities. Guest Lecturer to fa-
	culty of Shaghai College of Traditional Chinese
	Medicine.
1980-81	Taught courses to physicians through the American
1979-80	Holistic Medical Association. Vice-President of the Acupuncture Association of
19/9-00	America.
1981	Faculty Member, American College of Chinese Tradi-
2002	tional Acupuncture, San Francisco, California.
1981	Member, Editorial Board, American College of Tra-
	ditional Medicine, San Francisco, California.
1981	Acupuncture Certification: California State Acu-
1001	puncture Licensing examination.
1981	California State Acupuncture Advisory Committee Licensing Examiner.
1982	Acupuncture Licensing Commissioner for the State
	of California.
1982	Acupuncture Examiner and Consultant to the State of Florida, Dept. of Regulation.
1982	Japan study team - Two weeks of intensive daily
	study with twelve Japanese masters. Tokyo, Kyoto,
	Osaka, Japan. Toured Acupuncture Colleges.
1973-present	Private practice of Acupuncture and Chinese Medi- cine, 60 patients per week, Berkeley, California

## Memberships

American Psychiatric Association
Northern California Psychiatric Society
Academy of Parapsychology and Medicine
American Society of Chinese Acupuncture
National Acupuncutre REsearch Society
International Acupuncture Research Society
Academy of Orthomolecular Psychiatry
California Medical Association

# Honors

Certificate in Continuing Medical Education, 1972-presen Who's Who in California