

Licensed  
Practicing  
Psychologist  
Consultation  
Training  
Therapy

19 July 1983

To Whom It May Concern:

In 1978, I took my family (my wife Joan and son Ian) with me on a sabbatical to India. During my three month stay, I spent the majority of my time at the Rajneesh Foundation in Poona. At the Foundation, I spent as much time as possible listening to, studying with, and participating in the programs, lectures, and various materials developed by Bhagwan Shree Rajneesh. Simply put, I was, and still am in awe of the quantity, quality, and depth of all that was offered at the Foundation.

As a Licensed Practicing Psychologist, in both Florida and North Carolina, and as a staff member of the University of South Florida, I believe I have the expertise to evaluate the works of Bhagwan Shree Rajneesh. One of my major projects is to continue the close scrutiny, evaluation, and internalization of Rajneesh's works.

The sheer quantity of books, tapes and other materials produced by Rajneesh is amazing. Volume upon volume has been written by Rajneesh. As a member of the academic community, and as a practicing psychologist, I can easily say that any professional would be ecstatic to have a publication record even approaching that of Rajneesh, not to mention the extensive readership his writings command.

Quantity is not the major criterion for excellence. The single most important criterion for excellence is quality. Once again Rajneesh exemplifies the highest degree of excellence that I have seen in this century. The quality of his work is impeccable. The topics range from Buddha, to Lao Tsu, to Freud, to Skinner, to Einstein. Rajneesh imparts a perception of these greats that truly is unique among contemporary man.

Rajneesh has been able to draw from a wide spectrum of knowledge and synthesize these works into a philosophical and practical approach to life. His synthesis includes

BARRY J.  
NASTER,  
PH.D.

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such diverse religious leaders as: Gautam the Buddha, Jesus Christ, Moses, Mohammand, Lao Tzu, Saraha, the Bal Shem Tov, etc. His works incorporates such psychologists and psychiatrists as: Sigmund Freud, B.F. Skinner, Eric Fromm, Ivan Pavlov, and C.G. Yung, to mention just a few. His synthesis does not just include religious and psychological components, but also art, poetry, prose, music, and the physical sciences; In my opinion he is truly a great Renaissance man.

The impact this man has made upon me is reflected in my work. Not only have I lectured and given seminars on my interpretations of the works of Bhagwan Shree Rajneesh, but in my position as Clinical Psychologist at the Florida Mental Health Institute at the University of South Florida, I have incorporated his teachings into my development of various treatment programs. Several programs I have written using Rajneesh's teachings include: (1) Feelings and Stress Awareness Training, (2) Communication Skills Training, (3) Problem Solving Skills Training, (4) Breathing Relaxation Training, and (5) Agitation and Sexual Misconduct procedures. These programs were developed by me for use with an adult, acute to semi-acute psychiatric residential client population. Since the initiation of these training and procedural programs, many other State, County, and private psychiatric facilities have requested and have received training in these programs for use with their clientele. Several such facilities include the Florida State Hospital, Broward Community Health System, Hillsborough Community Health Programs, South Florida State Hospital, and Boley Manor of Pinellas. There are still other facilities throughout the State requesting our programs.

A colleague of mine and I have developed a training seminar based on the Rajneesh philosophy. We offer both week-end and five week one day a week workshops on personal growth, awareness, and meditation. These groups are offered to the general public.

Not only has this man affected my professional career, but he has had a profound effect on my private life as well. Through his teachings, I have begun to see my world in a much different way. I can no longer put the responsibility of my thoughts, feelings, and actions on others, but must take full responsibility for myself. Through studying with

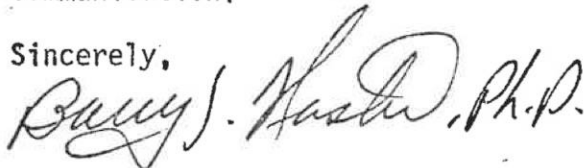
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Rajneesh, this is no longer an intellectualization, but a reality, The effect is beyond specifying. We are all people, doing what people are supposed to do, and doing it exactly as it should be done. What a beautiful way to live!

I suspect that the influence of Bhagwan Shree Rajneesh will continue to grow. I also strongly believe the philosophical and religious standards of living expoused by Rajneesh will continue to be reviewed, studied, evaluated, criticized, rejected, idolized, and honored by people of an immense range of educational development, intelligence, financial and social standing, religious affiliation and professional status.

I can only say that I am very grateful and very honored to have met and studied with Bhagwan. I also hope that someday soon I will be able to re-establish my studies with him in a personal, one-to-one encounter. My education would be greatly enhanced through this contact, not to mention the quality of my life. It would not matter if he were talking or in his present state of non-verbal communication.

Sincerely,



Barry J. Naster, Ph.D.  
Licensed Practicing Psychologist  
University of South Florida  
Florida Mental Health Institute  
Intensive Residential Treatment Program  
Adult Services  
13301 North 30th Street  
Tampa, Florida 33612  
(813) 974-4653

Sworn and subscribed to me this 19th day of July, 1983.

  
NOTARY PUBLIC

Notary Public, State of Florida  
My Commission Expires April 10, 1985  
Bonded thru F. S. Title & Trust Co., Inc.

## VITA

Barry Jerome Naster, Ph.D.  
2455 6th Ave. North  
St. Petersburg, Florida 33713  
February 1983

### PERSONAL DATA:

Date of Birth: April 6, 1943  
Marital Status: Married (Shilrea Joan)  
Children: One Child (Barnett Ian)  
Office Phone: (813) 974-4653  
Home Phone: (813) 323-7374

### EDUCATION:

Doctor of Philosophy, Southern Illinois University, 1972-1974  
Department: Guidance and Educational Psychology  
Specialty: Human Learning

Master of Science, Southern Illinois University, 1970-1972  
Department: Rehabilitation Institute  
Specialty: Behavior Modification

Bachelor of Arts, University of Florida, 1968-1970  
Department: Psychology

Associate of Arts, Brevard Junior College, 1963-1968  
Department: Psychology

### EXPERIENCE & EMPLOYMENT:

Journal of Behavioral Residential Treatment and Environments - 1983 through present  
Editorial board member of the Journal of Behavioral Residential Treatment and Environments. New York: Van Nostrand Reinhold.

Inner Awareness Mastery - 1982 through present  
Director and facilitator for the professional, paraprofessional, and general public. Developed and conduct both week-end workshops and five week courses in self growth and awareness development.

Private Practice - 1980 through present  
Licensed Practicing Psychologist in the state of Florida. Conduct individual, marriage and family, and group counseling. Work with both children and adults. Facilitator in stress reduction training groups.

Florida Mental Health Institute - 1980 through present  
Clinical psychologist on the Intensive Residential Treatment Program, Adult Programs, Florida Mental Health Institute, Tampa, Florida. Duties include: program development; program implementation; program evaluation; clinical

supervision of eight professional and para-professional staff on a rotating basis; staff training; training of professionals and para-professionals outside of the institute; Supervision of student interns; supervision of research and publications; member of of Master's thesis committee from master's program at the University of Florida, Gainesville, Florida; and member of various Institute committees; individual therapy with adult psychiatric populations; training class for the adult psychiatric populations.

Private Practice - 1977 to 1980

Licensed Practicing Psychologist in the state of North Carolina. Conduct individual, marriage and family, and group counseling. Worked with both children and adults. Lead training group programs.

Appalachian State University - 1975 to 1980

Adjunct appointment to the Psychology Department at Appalachian State University, Boone, North Carolina. Duties included: teaching; member of Master's thesis committees; supervision of master's level graduate students; supervision of master's level interns; supervision of undergraduate practicum students.

University of North Carolina - 1977 to 1978

Adjunct appointment to the Psychology Department at the University of North Carolina at Greensboro, Greensboro, North Carolina. Duties included: supervision of doctoral level students in practicums, internships, independent study programs, dissertations, and membership in Doctoral Committees.

Broughton Hospital - 1974 to 1978

Psychological Services Director, Unit P, at Broughton Hospital, Morganton, North Carolina. Supervisor of 18 Health Care Technicians and one registered nurse; program director for the Behavioral Enrichment Program; member of the following hospital committees: (1) The Utilization Review Committee, (2) The Research Committee, (3) The Oversight Committee, (4) The Library Committee, and (5) the Unit P Management Committee. Duties included: development, implementation and evaluation of behavior therapy techniques with the hospital population; behavioral consultant for Broughton Hospital; inservice trainer for new employees and student nurses in behavior therapy techniques; supervisor of practicum students, student interns, and Master's thesis committees from the Master's program at Appalachian State University; supervisor of doctoral level students from the University of North Carolina at Greensboro.

Project Reentry - 1976 to 1978

Director of an applied clinical research program for the deinstitutionalization of hospitalized chronic psychiatric patients. A joint effort of Western Piedmont Community College, Foothills Area Mental Health Programs, Vocational Rehabilitation, and Broughton Hospital. Duties included: developed a grant proposal; create and evaluate behavioral techniques, as specified within the grant; publish the results of the behavioral approach to the deinstitutionalization with continuation of services from the hospital setting to a half-way house to independent living. Supervision of six professional staff employed by the Foothills Area Mental Health Programs and Western Piedmont Community College.

Foothills Area Mental Health Programs - 1976 to 1978

A member of the Area Management Team of Foothills Area Mental Health Programs. Behavioral consultant to the Foothills Area Mental Health Programs. Conducted workshops for the Adult Programs of the Foothills area Mental Health Programs on Reciprocity Counseling and behavior therapy techniques.

Western Piedmont Community College - 1976 to 1978

Director of the educational component of Project Reentry. Duties included: development of educational skills programs for the chronic populations; evaluation of the educational skills programs; publication of any research derived from the educational skills programs; supervision of five professional staff members; integration of all segments of Project Reentry.

Western Piedmont Community College - 1974 to 1976

Part time instructor at Western Piedmont Community College. Teaching responsibilities included teaching Development Psychology and Marriage and the Family to students seeking a two-year degree.

Behavior Research Laboratory - 1971 to 1974

Research Scientist at Anna State Hospital, Anna, Illinois. Conducted extensive research, evaluation, development, analysis, and publication of a behavioral approach to marital counseling, Reciprocity Counseling. The research and clinical application was conducted under the supervision of Dr. Nathan Azrin at the Behavior Research Laboratory, Anna, Illinois; Counseling and Testing Center, directed by Dr. Clay Ladd, Southern Illinois University at Carbondale, Illinois; and the Center for Human Development, directed by Dr. Vicky Azrin, Carbondale, Illinois. Trained mental health professionals in the use of Reciprocity Counseling.

Internship, Southern Illinois University - 1971

Internship at Anna State Hospital, Anna Illinois, under the direction of Dr. Nathan Azrin, at the Behavior Research Laboratory, Anna, Illinois; compiled an extensive literature review on enuresis, was closely involved in training enuretic retarded clients, and engaged in behavioral approaches to marital counseling.

Practicum, Southern Illinois University - 1972

Engaged in the treatment of phobic responses using systematic desensitization, en vivo desensitization, reinforced practice and in-depth psychotherapy. All clinical work was under the direct supervision of Dr. Roger Poppen, Southern Illinois University, Carbondale, Illinois.

Practicum, Southern Illinois University - 1971

Engaged in marital counseling practicum under the direct supervision of Dr. Richard Sanders, Southern Illinois University, Carbondale, Illinois.

Individual Study, University of Florida - 1969 to 1970

Developed precision teaching and errorless discrimination techniques with two children with learning disabilities, under the supervision of Dr. Henry Pennypacker and Dr. William Wolking, University of Florida, Gainesville, Florida.

Animal Research Laboratory, University of Florida - 1969 to 1970

Animal research with rats and hamsters under the guidance of Dr. Edward Malagodi at the University of Florida. Designed a study with rats which examined the effects of second order extended chain schedules and conducted research on the effects of simple schedules of reinforcement on the paper hoarding behavior of hamsters.

CONTINUING EDUCATION:

Patients' Rights and Research in Mental Health. 5th Annual Meeting of the Research Division of North Carolina, Murdoch Center, Butner, North Carolina, 1975.

Schizophrenia Today: Research and Treatment. Schizophrenia Symposium, Broughton Hospital, Morganton, North Carolina, 1975.

Diagnosis and Treatment in Mental Disturbances. Harvey D. Strassman, M.D., Broughton Hospital, Morganton, North Carolina, 1975.

Mental Retardation. Max Hemphill, Broughton Hospital, Morganton, North Carolina, 1975.

Behavior Therapy Today: Issues and Answers. Behavior Therapy Symposium, Broughton Hospital, Morganton, North Carolina, 1976.

Family Therapy: A Systems Approach. Jim Shurling, Ph.D., Broughton Hospital, Morganton, North Carolina, 1976.

Mental Health Assessments. Rosemary Nelson, Ph.D., Broughton Hospital, Morganton, North Carolina, 1976.

Unit Management. Mr. and Mrs. Gauongs, Broughton Hospital, Morganton, North Carolina, 1976.

Midlife: Crises in the Adult Years. The Broughton Fall Symposium, Broughton Hospital, Morganton, North Carolina, 1977.

Crisis Intervention and Control. Florida Mental Health Institute, Tampa, Florida, 1981.

Crisis Intervention and Control. Florida Mental Health Institute, Tampa, Florida, 1982.

Aggression Control Training. Florida Mental Health Institute, Tampa, Florida, 1982.

Community Support Programs. The 1983 Regional Conference, Florida Mental Health Institute, Tampa, Florida, 1983.

PROFESSIONAL ORGANIZATIONS:

- American Psychological Association, 1973.  
American Educational Research Association, 1974.  
Southeastern Psychological Association, 1977.  
Midwestern Association of Behavior Analysis, 1977.  
American Association for Behavior Therapy, 1977.  
Canadian Psychological Association, 1977.  
Florida Association of Practicing Psychologists, 1982.

PRESENTATIONS:

- Fuoco, Frederick J.; Naster, Barry J.; and Kirk, Janice B. The use of over-correction in the elimination of verbal abuse in two psychiatric residents. Paper presented at the 25th Annual Meeting of the Southeastern Psychological Association, New Orleans, Louisiana, 1979.
- Fuoco, Frederick J.; Naster, Barry J.; Kirk, Janice; Morely, Robert; and Smith, Betty. Use of a daily scheduling procedure to increase appropriate social, ward, and scheduling behavior in adult psychiatric residents. Presented at the 27th Annual Meeting of the Southeastern Psychological Association, Atlanta, Georgia, 1981.
- Fuoco, Frederick J.; Naster, Barry J.; Kirk, Janice B.; Morley, Robert; and Smith, Betty. Use of a daily scheduling procedure to increase appropriate social, ward, and scheduling behavior in adult psychiatric residents. Presented at the Broughton Hospital Research Symposium, Morganton, North Carolina, 1980.
- Malagodi, E. F., Naster, B. J., McCauley, M., and Edwards, J. Responding in the rat under two contrasting second order schedules of token reinforcement. Read at the 10th Annual Psychonomics Meeting, San Antonio, Texas, November, 1970.
- Naster, Barry J. A New Approach to Marital Counseling: Reciprocity Counseling. Adolph Meyer Zone Center, Decatur, Illinois, 1973.
- Naster, Barry J. Reciprocity Counseling as an Effective Method for Marital Counseling. Foothills Area Adult Services, Morganton, North Carolina, 1977.
- Naster, Barry J. Reciprocity Counseling. Colloquium, University of North Carolina, Greensboro, North Carolina, 1977.



Naster, Barry J. and Fuoco, Frederick J. Project Reentry: A Deinstitutionalization Treatment Program for Chronic Hospital Patients. 1977 Annual Conference of North Carolina Mental Health Centers Association, Raleigh, North Carolina, 1977.

Naster, Barry J. Stress Management. Resident Advisor Orientation Workshop, University of Tampa, April 1981.

Naster, Barry J. Stress and Feelings Awareness. Resident Advisor Orientation Workshop, University of Tampa, August 1981.

Naster, Barry J. Feelings and Self Awareness. Group training session, Hillsborough Community College, November 1982.

Naster, Barry J. Crystalization of Self. Annual Meeting and Workshop, Florida Association of Practicing Psychologists, Tampa, Florida, October 1982.

#### PUBLICATIONS:

Azrin, N., Naster, B. J., and Jones, R. Reciprocity counseling: A rapid reinforcement procedure for effective marital counseling. Behavior Research and Therapy, 1973, 11, 365-382.

Azrin, N., Naster, B. J., and Jones, R. Reciprocity counseling: A rapid reinforcement procedure for effective marital counseling. In Cyril M. Franks and G. Terence Wilson (Eds.), Annual Review of Behavior Therapy: Theory & Practice (Vol. 3). New York: Brunner/Mazel Publishers, 1975.

Azrin, N., Naster, B. J., and Jones, R. Reciprocity counseling: A rapid reinforcement procedure for effective marital counseling. In Jerry Willis and Donna Giles (Eds.), Great Experiments in Behavior Modification. Indiana: Hackett Publishing Co., Inc., 1976.

Fuoco, Frederick J.; Naster, Barry J.; Kirk, Janice B. Use of a daily scheduling procedure to increase appropriate social, ward, and scheduling behavior in adult psychiatric residents. Paper in preparation.

Donovan, Hedly (ed.) Time-Life Books, 1975: Natural Science Annual. New York: Joan D. Manley, 1974, Illustrations, 90-91.

Naster, Barry J. Reciprocity Counseling: An Experimentally Evaluated Case Study. Master's Thesis, Southern Illinois University, 1972.

Naster, Barry J. Changing Teachers' Behavior Through Student Supplied Feedback and the Subsequent Effect on the Students' Attitudes. Doctoral Dissertation, Southern Illinois University, 1972.

Naster, Barry J. Reciprocity Counseling: A behavioral approach to marital discord. The Personnel and Guidance Journal, 1977, 55, 515-519.

Naster, Barry J., Steinberg, Patricia, and Cameron, Patricia. Procedures for client Assessment. In Jefferey R. Bedell and Herbert A. Marlowe, Jr. (Eds.), Psycho-social Rehabilitation: Unit and Client Management Procedures (Vol. 1). Florida: Florida Mental Health Institute, 1982.

Naster, Barry J., Hinrichs, Steven, Chlopen, Bruce, Cameron, Patricia, and Bigsby, Patricia. Agitation and seclusion procedures for use on a psycho-social rehabilitation unit. In Jefferey R. Bedell and Herbert A. Marlowe, Jr. (Eds.), Psycho-social Rehabilitation: Unit and Client Management Procedures (Vol. 1). Florida: Florida Mental Health Institute, 1982.

Nugent, Geraldine, Bedell, Jefferey, Hinrichs, Steven, Amuso, Kathy, and Naster, Barry J. Role of the Treatment Coordinator. In Jefferey R. Bedell and Herbert A. Marlowe, Jr. (Eds.), Psycho-social Rehabilitation: Unit and Client Management Procedures (Vol. 1). Florida: Florida Mental Health Institute, 1982.

Naster, Barry J. and Hinrichs, Steven H. A Manual For The Implementation Of A Comprehensive Token Economy System. The Florida Mental Health Institute, Department of Adult Programs; University of South Florida, April, 1983.